

December 20, 2013

To Whom it May Concern,

I have been personally acquainted with Aimee Elizabeth since the year 2002, when she was introduced to me by my Aunt Katie. At that time, I signed up for consulting with Aimee on her Dieting Sucks Lifestyle Plan. I followed her simple plan, and I quickly and effortlessly lost 40 pounds due to her consulting. I have kept that weight off for the past ten years, and it's been just as easy as losing it was!

I was recently given an advance copy of Aimee's book "Dieting Sucks! Eat Anything & Lose Weight." I can give an honest 5 star review of this book. It clearly states exactly what she told me to do, and I am a living testament that her program works! I highly recommend this book and her consulting to anyone who has tried all the fad diets and just gained more weight or lost none at all. Aimee's plan is not a fad, it's simple and easy, and best of all, it works! And it works LONG TERM!

I have stayed at my goal weight for a decade now with no problem, and no depriving myself. I eat ANYTHING I want and I stay at my goal weight! Aimee's plan delivers exactly as it promises. I highly recommend her program to anyone in need of help!

I have included a before and after photo – the before picture is from before I consulted with Aimee and was 40 pounds overweight. As you can see, I look like I'm ready to give birth to a baby! The after photo is this last New Year's Eve in an Armani suit – I can now fit into an Armani suit! I am so much happier and healthier being at my proper weight.

Give yourself the gift of good health and the happiness that comes from being at your proper weight. Buy Aimee's book, "Dieting Sucks! Eat Anything & Lose Weight" and/or sign up for her consulting today! And say GOODBYE to diets forever – and HELLO to your new happy life!

Sincerely,



Danny Anthony Douridas  
Las Vegas, Nevada